

Confirmation Name and Sponsor Sheet

This sheet is designed to help you decide who you are going to choose as your Sponsor and also which name you would like to choose as your Confirmation name.

Confirmation Sponsor

The Sponsor's 3 primary roles are to assist the candidate in preparing for Confirmation, to present the Candidate for Confirmation, and to help the confirmed person live out his or her Christian life faithfully. When thinking about who you would like to choose as your Confirmation sponsor, there are minimum requirements in the code of canon law as follows:

- They must be at least 16 years old
- They don't have to be the same gender as the candidate
- They must be a fully initiated Catholic (been baptized, confirmed and receives Eucharist regularly)
- They cannot be under canonical penalty (e.g. married outside the Catholic Church)
- They may NOT be your mother or father

Be sure to think about your relationship with this person. Are you comfortable talking to them about your faith? Is this person going to be available for you to talk to them throughout the Confirmation process and beyond? Take some time deciding before you ask them to walk with you in your faith.

Candidate's Name _____

Candidate's Sponsor will be: _____

Relationship to Candidate: _____

Why have you chosen this person?

Patron Saint (Confirmation Name)

When choosing what name you would like to use as your Confirmation name, you should consider a Saint whose life can serve as an inspiration and encouragement in your own growth in holiness. This "patron", when asked, will pray for you before the throne of God, interceding on your behalf. Brainstorm some of your favorite saints. Research the patron saint of one of your hobbies or interests. Be sure to familiarize yourself with the life story of the saint that you choose.

Candidate's Confirmation Name will be: _____

Why have you chosen this saint as your patron?